

Lloyd W Mobley III, MD
ABNS Board Certified Neurosurgeon

Rocky Mountain Neurosurgery
9695 South Yosemite Street
Suite 377
Lone Tree, CO 80124

office 720-484-6908
fax 720-484-6918

Information Regarding Your Upcoming Surgery

Patient Name: _____

Date of Surgery: _____ **Time:** _____ **Arrival Time:** _____

Facility: Sky Ridge Medical Center, at the *Spine and Total Joint Center*

- _____ Same Day Surgery (You will go home after surgery)
- _____ 23 Hour Observation (You will possibly stay up to 23 hours)
- _____ Inpatient (You will stay more than 24 hours in the hospital)

Facility: Parker Adventist Hospital

- _____ Same Day Surgery (You will go home after surgery)
- _____ 23 Hour Observation (You will possibly stay up to 23 hours)
- _____ Inpatient (You will stay more than 24 hours in the hospital)

You must have a pre-operative appointment in our office prior to surgery. You will also be scheduled for a pre-op appointment for testing at Sky Ridge, AND you will need to see your Primary Care physician for a History & Physical and Surgical Clearance.

1. Your Pre-Op appointment has been scheduled at Rocky Mountain Neurosurgery, PC. If you need to reschedule your Pre-Op appointment, please call our office at 720-484-6908.

Date of RMN Pre-Op appointment: _____ **Time:** _____

2. Your Pre-Op appointment has been scheduled at Sky Ridge Medical Center. Please check in at the *Spine and Total Joint Center*. Please allow 45-60 minutes for your appointment. If you need to reschedule your Pre-Op appointment, please call Sky Ridge's Pre-Op Scheduling department at 720-225-1667.

Date of Sky Ridge Pre-Op appointment: _____ **Time:** _____

3. You will need to have a Pre-Op appointment with your Primary Care Physician. Please call their office to schedule a pre-op appointment; I have faxed orders to their office, and I have enclosed a copy of the faxed orders for you to take to them as well.

You must have a Post-Op appointment at our office within 21 days following surgery.

If you need to reschedule your Post-Op appointment please call our office 720-484-6908.

Date of Post-Op appointment: _____ **Time:** _____

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Important Instructions and Information:

- If you are scheduled for same day surgery you will need to have a ride home and someone to stay with you overnight. You MAY NOT have anything to eat or drink after midnight the evening prior to your surgery or your surgery WILL BE CANCELLED. If your surgery is in the afternoon, you cannot have anything to eat or drink 12 hours prior to your procedure. You may take your allowed medication with a minimal sip of water.
- If you are taking a Beta Blocker medication, it is **VERY IMPORTANT** to continue to take your Beta Blocker as you usually do. **Do not stop** taking your Beta Blocker prior to surgery. If you have any questions, please contact your Primary Care physician.
- ALL aspirin & anti-inflammatory medications MUST be stopped 7 days prior to surgery, as well as any vitamins and vitamin supplements. If we have prescribed you a pain medication, you may take that the week before surgery as long as it does NOT contain aspirin nor ANY form of an anti-inflammatory. If you are unsure if your medications contain aspirin or an anti-inflammatory, please call your pharmacist. Tylenol is an acceptable over the counter pain medication to take the week prior to surgery.
- If you start to feel ill, have a temperature over 101.0° Fahrenheit or have questions, please call our office.
- IF YOU HAVE A HEART CONDITION you MUST be seen by your Primary Care physician or Cardiologist for clearance for surgery. If you do not receive clearance, your surgery will be CANCELLED.
- A surgical assistant will be used during your surgery to provide the best possible outcome. This may or may not be a covered benefit with your insurance company. Please be aware in the instance it is not covered by your insurance, in part or in full, you are ultimately responsible for any charges incurred. Dr. Mobley uses a Physician Assistant as his surgical assistant in most of his surgical cases. The PA is contracted and not an employee of RMN. Therefore Dr. Mobley and his practice are not responsible for these billing services and/or charges.
- Intraoperative neuro-monitoring (IOM) will be used during all spinal surgeries to provide the best possible outcome. This is standard of care to monitor the functional integrity of certain neural structures during spinal surgery. The purpose is to reduce the risk to the patient of damage to the nervous system. This may or may not be a covered benefit with your insurance company. Please be aware in the instance it is not covered by your insurance, in part or in full, you are ultimately responsible for any charges incurred.
- If your insurance changes at any time or in any way, please call the office with updated information or your surgery will not be covered and you will be responsible for the entire surgical expense.
- Global Care covers you for 90 days following your surgery. During that 90 day period, you will not be assessed a charge for your office visits. X-rays, casts, injections, and splints will be billed to your insurance. Most, but not all insurances, do not require you to pay a co-pay, coinsurance, or deductible during your global period, but some do. If you have additional questions about your global period or coverage, please contact your insurance company.
- **Please note:** if you have **ANTHEM** or **BLUE CROSS BLUE SHIELD** insurance, they will occasionally send payments for the Surgical Assistant's services directly to you, instead of to the Surgical Assistant. If this is the case, you will receive a check which is intended to pay for the Surgical Assistant's services. You will need to endorse the check and forward it to: Medical Practice Solutions, 3400 Waterview Parkway, Suite 305, Richardson, TX 75080. *It can sometimes take up to a year (in rare cases, even longer) following your surgery for your insurance carrier to submit this payment.*

If you have any questions please call 720-484-6908